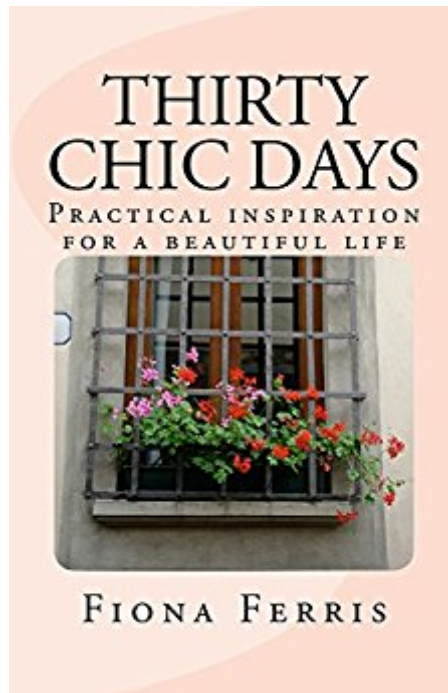




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Thirty Chic Days: Practical Inspiration For A Beautiful Life



Synopsis

Is it possible to live a chic and elegant life if you don't live in Paris, or even France? Instead of daydreaming about running away to the City of Light, 'Thirty Chic Days' invites you to put on your French-tinted sunglasses and view your everyday through an enchanting and motivating filter. Inside this book you will find thirty chapters (or 'days') full of joie de vivre sharing fun and exciting ways to bring your ideal chic life into being. 'Thirty Chic Days' is a warm, encouraging and fanciful guide on living a simple and beautiful French-inspired life. Enjoy dozens of delicious no-cost ideas and feel inspired to uplevel yourself and your surroundings in an effortless and enjoyable way. Through her popular blog howtobe chic.com author Fiona Ferris provides thousands of women from all around the world with tools and inspiration to elevate the everyday from mundane to magical.

Contents:

Day 1 Have a Paris state of mind
Day 2 Eat real food
Day 3 Bathe yourself in mystique
Day 4 Make up your eyes
Day 5 Create and guard your secret garden
Day 6 Be your own French aunt
Day 7 Honour your body with chic movement
Day 8 Be beautifully positive
Day 9 Support your signature charity
Day 10 Simplify your life for abundance
Day 11 Adopt a low-drama way of being
Day 12 Curate your wardrobe like it is your own bijou boutique
Day 13 Indulge in your femininity
Day 14 Design the life of your dreams
Day 15 Cultivate serenity and calmness in your life
Day 16 Create a sanctuary at home
Day 17 Take exquisite care of your grooming
Day 18 Little and often
Day 19 Socialise in a relaxed manner
Day 20 Be your own chef
Day 21 Inspire yourself
Day 22 Build rest and repose into your daily routine
Day 23 Be financially chic
Day 24 Live a life of luxury
Day 25 Collect contentment in petite measures
Day 26 Make every day magical
Day 27 Embrace creativity and enjoy the benefits
Day 28 Think of your home as if it were a boutique hotel
Day 29 Walk your errands
Day 30 Immerse yourself in sensuous beauty

Bonus Day Take inspired action

If you enjoyed Jennifer L. Scott's 'Lessons from Madame Chic', Tish Jett's 'Forever Chic' or Shannon Ables' 'Choosing the Simply Luxurious Life', you will love 'Thirty Chic Days'!

Book Information

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Customer Reviews

This is the latest and possibly the best (so far) of Fiona's books. As a follower of her blog posts for a long time, I have always loved her relaxed way of writing. It's like she is sitting there and chatting to me. I have read the book through in order, start to finish, and I will be returning and dipping into various days very soon. The Paris lifestyle is a focal point, however, the suggestions and ideas are available wherever you live. I honestly cannot say enough good things about this book. I am a voracious reader of Lifestyle and French Style books, there are not many I have not read, and Fiona is very much at the top of my favourites.

This is a charming book! Fiona comes across as your very chic best girlfriend and offers sound advice for the modern woman on how to make your everyday life more chic. The book can be read from start to finish, or you can pick and choose which chapter topics interest you the most and read one per day. I gained lots of new inspiration from her ideas and they made me think deeper on each subject as to why I might want to implement a change and most importantly, how to make it fun. Highly recommended!

Fiona Ferris has created a fun, motivational book for women on how to live a more joyful and chic life. Just by reading one or two chapters you will feel compelled to get up and start making changes and implementing her unique tips. Fans of her blog, How To Be Chic, will not be disappointed in this rich volume, full of chic words of wisdom.

Fiona's book is a delightful read to serve as a reminder that it is the everyday approaches to living that make a grand difference in our overall happiness. With a devoted appreciation and love for the French culture, she shares ideas that anyone can incorporate into their daily routine. With thirty

chapters, readers can go at a leisurely pace indulging in one chapter an evening before drifting off to blissful slumber or devour in a day as it is easy to want to do.

I have been a longtime fan of Fiona's blog, How to be Chic, and am so excited that she has created this wonderful guide to living well. Her book has inspired me to be the best person I can be and her gentle tone makes me want to read her chapters again and again. Her tips are smart, practical and motivational. She has me taking more walks and I even picked out a charity I want to focus on raising money for. Thank you, Fiona, for sharing your wonderful advice for chic, contented living! Adrienne Shubin

Thirty Chic Days provides a road map to living a more beautiful, authentic life. Fiona shares practical ideas for discovering how to live with more bliss and mindfulness. This is a book I will re-read often.

I, too, follow Fiona's blog and have all of her previous books. Her writing voice is strongest in this newest book. Her writing resonates so positively, I believe, because she reminds us and shows us how to savor all of the ordinary parts of our ordinary days. By Memee.

This is a glorious masterpiece by blogger and gifted author Fiona Ferris. Reading this lovely book, which is abundant with soothing inspiration and hopeful possibilities, just calms the soul. A sweet balm for anyone yearning to live and celebrate a beautiful life with simply serenity.

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